

New coronavirus - guideline SMU

In accordance with the recommendations of the ÚVZ SR and WHO, the SMU management issues guidelines for students and employees of SMU.

1. To reduce the risk of import of coronavirus into Slovakia, it is recommended to limit travel abroad.
2. In order to intercept imported cases of coronavirus in a timely manner, and to reduce the risk of its spread; please follow the following recommendations:
 - Self isolation (at home) for 14 days after returning from high risk countries, where coronavirus has already spread (currently areas in China, South Korea, Iran, Japan, Italy...), **NOT** to attend classes, **DO NOT** go to work or clinical workplaces/hospital
 - Report absence by phone or e-mail, indicating the date of return and the name of the country or region visited:
 - Students of the **Faculty of Medicine** at: study department: **59370 466, 59370 850** katarina.gnjatovicova@szu.sk or katarina.miklosova@szu.sk
 - Students of the **Faculty of Public Health** at: **59370 553** matej.mucska@szu.sk
 - Students of the **Faculty of Nursing** at: hana.padysakova@szu.sk
 - Documentation of proof of visit/stay in the affected areas (flight ticket, hotel bill, etc.)
 - Monitor your health status during isolation 14 days after your return and report any symptoms of respiratory tract infection (cough, difficulty breathing, muscle pain and general fatigue) record your temperature and contact your GP by telephone, or visit the Department of Infectology and Geographical Medicine for consultation. Please bring correct information about your travel history.
 - **Avoid contact with others, use masks and gloves in cases of inevitable contact**
 - **At the place of residence, observe cleanliness and disinfect areas with common alcohol/chlorine based cleaning preparations**
 - **Practice frequent hand washing, use hand sanitisers whenever hand washing is not possible. Observe respiratory hygiene - sneeze/cough into paper tissues and discard safely after use, alternatively cover mouth with the inside of your arm when coughing/sneezing. DO NOT use your hand as this only increases the chance of spread.**

Information for students who live outside the Slovak Republic (Austria) and attend daily lessons at SMU

- If you feel healthy, without symptoms of respiratory infection (no fever, no cough, no muscle pain, no increased fatigue) you may attend university, work, clinical workplaces.
- If you have been proven in contact with a sick person (Covid-19), you will remain in self isolation at home for 14 days

In case of respiratory infection (fever, cough, increased fatigue, muscle pain), stay at home and by phone contact your doctor or Department of Infectology and Geographical Medicine for consultation with correct information about your travel history

- A stay in a COVID - 19 low risk region does not require specific regime. If the above symptoms occur, the student may send an e-mail to study department
- A stay in the COVID - 19 free region does not require specific regime

For more information follow the link : <https://www.worldometers.info/coronavirus/>